

edible NEWS

This is a new edible category where we will list new news items that are foodie related. Please send your news items to edibleSLO at info@ediblesanluisobispo.com.

Backyard Harvest Chapter Gains New Momentum By Katy Budge

Great efforts are underway throughout San Luis Obispo County to get nutritious food to those who need it, increase sustainability of our local communities, and bolster existing agricultural resources. We'll keep an eye on these developments as they move forward and as we head into the prime growing season, but right now there is a need for volunteers in the newly reinvigorated local chapter of "Backyard Harvest," which was originally launched here in 2007.

Now being spearheaded by the SLO Grown Kids organization, the volunteer-based Backyard Harvest program provides a way for fruitful gardeners to donate their overabundance to neighborhood food banks and meal programs. Essentially, it serves as a coordinating effort between willing gardeners, willing hands, and needy mouths. Whether you have one fruit tree or one acre, you can sign up to donate whatever produce you don't use, either in a one-time donation or throughout the year.

If you're not the green thumb type, you can help with harvesting, transporting the produce, or even just offering use of space as a general drop point.



"Essentially, we want to help get food to those who need it and also make it easy on gardeners and homeowners," said Carolyn Eicher, a SLO Grown Kids board member. To become involved in the

edible SAN LUIS OBISPO

*Celebrating Local Food, Farmers
and Urban Gardeners in
SLO County*

Update on Local Grains
History of Farmers Markets
Recipes • Toffee • Sans Liege Wines
Food & Wine Festival • Vraja's Kitchen
Sally Loo's Cafe • Joebella • Local Olive Oils
Sustenance Eatery / Cookery • The Cakery
Rutiz Family Farms • Local Teas • Firestone Brewery